

I had my left hip replaced about 2.5 years ago so I knew it was important to do the pre-op exercises. My right hip was bone on bone and the daily pain level on a scale of 1 to 10 was at least a 20. I did not waste any time so my right hip surgery was scheduled for May 3rd at 10 am. Just like the left hip it is amazing to wake up without pain, sure there is a healing pain but on 1 to 10 it is a 1. Dr Schmaltz checked on me after my surgery and asked if I wanted to go home. I said sure if you think it is okay. I remember from my left hip surgery confined to the hospital bed, urinating in a bottle and the nurses waking me up to check on me.

I was discharged from the hospital by 5:30 less than 8 hours after my surgery. It was nice to use the walker to go to the bathroom, it was nice to be in my own bed, and it was nice not being wakened during the night to have my blood pressure checked.

Hip surgery is pretty cool and I tell everyone its elective surgery and there was nothing wrong with me. The only difference is now I am pain free, don't walk with a limp and can actually enjoy walking again. I would definitely recommend going home the same day if you have the opportunity it was so much nicer.

Thank you,

Paul Cobb