

To give a bit of background, I was involved in a head on car collision 25 years ago, where I sustained severe injuries throughout most of my body. The "only" limb that wasn't broken, yet badly dislocated, was my right shoulder. Over the years that arm became "full" of chronic arthritis, to the point that pain was a daily occurrence and movement was extremely challenged. Then to my dismay I "fell" in November of 2014 actually "breaking" and further dislocating that arm and shoulder!

At that point I was told by the Urgent Care physician that I needed an orthopedic surgeon to evaluate the the best course of action for my situation immediately, before the "break" started to set. Since I hail from Bergen County New Jersey, living in NE Pa for but a few years, knowing nothing about surgeons in Pa, it was my great fortune that I called Scranton Orthopedic Specialists who made an emergency appointment for me with Dr. Michael Tracy.

I took to him immediately, as his approach to my situation was a very conservative one. (Not like so many other specialists I've had in the past who would want me "immediately" to endure complicated and extensive procedures, not caring about my "mental well being".) Since the arm was broken near the top (the humerus) I merely wore a sling for 6 weeks, but was also told "if" I felt I wasn't happy with the healing of the arm or wanted a "better" range of motion than what I had, there was a new surgery now available for me. {The key thing is that Dr. Tracy left the decision up to me, not persuading me one way or the other, which I truly appreciated, since so many in the past "always" tried to push me into a course of action "they" thought would be the best, not caring for me inner fears or feelings.} He fully explained my options, with compassion, when I decided I was "tired" of daily pain, and limited range of motion, even though I "had made due" over the last number of years! My well being was in his hands, but due to his caring "bedside manner" along with his compassionate staff and that of the entire SOS group, I went forward with a reverse shoulder arthroplasty plus the addition of a bone implant, since mine was so badly arthritic and never looked back!

I can happily say that I have stopped taking my osteo arthritis medication, can move my arm and shoulder to ranges I haven't been able to do in over 25 years and now am working on strength building, seeing Dr Tracy every 3 months, for progress updates, which will continue for up to a year !!

Dr Tracy is not only a talented surgeon, who can perform difficult tedious operations, but is a caring individual which is a rare find in this hectic busy world we live in today. He will look at your "situation", suggest solutions with complete details, answer questions fully so that you are well informed and "know" what to expect and let "you" make the final decision! I highly recommend him, over "any" NYC surgeon and trust me I have been to lots of them over the years.

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